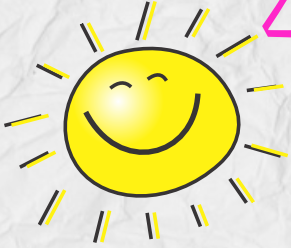


There is no path to happiness. Happiness itself is the path.



**Where there is hope,
there is faith.**



Let's pledge to make the world a better place.





Diwali Celebration



Enjoy the colourful spirit of Diwali

RASHTRIYA EKTA DIWAS



One for all, all for one



Sewa Activity



With an aim to make the students life long learners through experiential learning and to make them caring and compassionate, the school has started with SEWA ACTIVITY where students participated in the activities like cleaning of classrooms and their rooms at home.

विद्यार्थियों को अनुभवजन्य अधिगम के माध्यम से जीवनपर्यंत शिक्षार्थी बनाने, उनमें दूसरों की देखभाल करने तथा दूसरों के प्रति दयालुता की भावना जागृत करने के उद्देश्य से स्कूल ने 'सेवा गतिविधि' की शुरुआत की। छात्रों ने अपने घरों और कक्षा के कमरों की सफाई करने जैसी गतिविधियों में भाग लिया।

ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸੰਵੇਦਨਸ਼ੀਲ, ਭਾਵਨਾਤਮਕ ਅਤੇ ਜੀਵਨ ਭਰ ਸਿੱਖਣ ਦੀ ਇੱਛਾ ਰੱਖਣ ਵਾਲਾ ਬਣਾਉਣ ਦੇ ਉਦੇਸ਼ ਨਾਲ ਸਕੂਲ ਨੇ 'ਸੇਵਾ ਗਤੀਵਿਧੀ' ਦੀ ਸ਼ੁਰੂਆਤ ਕੀਤੀ। ਜਿੱਥੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਘਰ, ਕਲਾਸ ਰੂਮ ਅਤੇ ਆਪਣੇ ਕਮਰਿਆਂ ਦੀ ਸਫ਼ਾਈ ਵਰਗੀਆਂ ਗਤੀਵਿਧੀਆਂ ਵਿਚ ਹਿੱਸਾ ਲਿਆ।



Cleanliness is next to Godliness



Endeavour

• Community Outreach Program



Students performing Nukkad Natak on Green Diwali

Our School has started with a new venture 'Community Outreach Program'. The aim of this program is to support students in their development as responsible citizens and future leaders through meaningful service activities. Engaging students in community service projects would definitely foster the feeling of compassion and responsibility towards society.

Student's view

The mehandi stalls organized on the occasion of Karwachauth in the school was a wonderful experience for us. We enjoyed a lot while applying mehendi and explored new designs. This also enhanced our designing skills. We were very happy as we earned money as well. This was the first earning of our life which was possible only because of Entrepreneur Club. We are sincerely thankful to teachers for this wonderful experience.

Namisha
XI Arts A



EDUCATE TO ELEVATE



Four days Career Exposition Fair was organised for the students of classes X to XII. Two day Career Guidance was provided by **IIHM New Delhi** and **Canadian Education Centre** where representatives from different universities informed the students about selection procedures to get admission in colleges and universities. Internal Sessions were also taken by School Counselor Ms.Charanjit Kalra and Future Teachers where the information regarding the unknown career options was disseminated among the students.



X से XII कक्षा के विद्यार्थियों के लिए चार दिवसीय करियर प्रदर्शनी मेले का आयोजन किया गया। **IIHM New Delhi** और **Canadian Education Centre** द्वारा दो दिवसीय करियर मार्गदर्शन प्रदान किया गया। जहाँ विभिन्न विश्वविद्यालयों के प्रतिनिधियों ने छात्रों को कॉलेजों और विश्वविद्यालयों के चयन प्रक्रियाओं के बारे में जानकारी दी। स्कूल काउंसलर चरणजीत कालरा और फ्यूचर टीचर्स द्वारा इंटरनल सेशन भी लिया गया, जहाँ छात्रों को विभिन्न करियर विकल्पों के बारे में जानकारी दी गई।



दसवीं अਤੇ धारुवीं दे विद्याभारथीआं लखी चार रोज़ा करीअर प्रदर्शनी मेला लगाएआ गिआ। **IIHM New Delhi** अडे **Canadian Education Centre** दुआरा दे दिन कैरीअर गाएडीडलाएीन प्रदान कीडी गएडी। जिंघे अलंग- अलंग जुनीवरसिटी दे नुमाएँदिआं ने विद्याभारथीआं नुं सिलैक्सन प्रेसिजुर घारे जाखकारी दिंटी । सकुल दे काउंसलर चरनजीत कालड़ा अडे फ्यूचर टीचरज वलें इंटरनल सैसन वी लिआ गिआ जिंघे विद्याभारथीआं नुं विडिन कैरीअर विकल्पं घारे जाखकारी दिंटी गएडी ।

Exploring new paths...



ਖਬਰਾਂ

1. India reaches one billion Covid 19 vaccination milestone.
2. UAE to host next FIFA Club World Cup competition.
3. Indian project Takachar among winners of 'Earthshot Prize'.
4. Ridhima Veerandra Kumar breaks 7 years old National record and bags gold medal in swimming.

1. भारत एक अरब कोविड 19 टीकाकरण मील पत्थर तक पहुँच गया।
2. UAE अगले FIFA क्लब विश्व कप प्रतियोगिता की मेज़बानी करेगा।
3. भारतीय परियोजना (Takachar) को मिला 'अर्थशॉट पुरस्कार' ।
4. रिधिमा वीरेंद्र कुमार ने 7 साल पुराना राष्ट्रीय रिकॉर्ड तोड़ा और तैराकी में स्वर्ण पदक जीता।

1. भारत एक अरब कोविड 19 टीकाकरण मील पੱथर ਤੱਕ ਪਹੁੰਚ ਗਿਆ ਹੈ ।
2. UAE ਅਗਲੇ ਫੀਫਾ ਕਲੱਬ ਵਿਸ਼ਵ ਕੱਪ ਮੁਕਾਬਲੇ ਦੀ ਮੇਜ਼ਬਾਨੀ ਕਰੇਗਾ ।
3. ਭਾਰਤੀ ਪਰਿਯੋਜਨਾ ਨੂੰ ਮਿਲਿਆ (Takachar) 'ਅਰਥਸ਼ਾਟ ਪੁਰਸਕਾਰ' ।
4. ਰਿਧਿਮਾ ਵੀਰੇਂਦਰ ਕੁਮਾਰ ਨੇ 7 ਸਾਲ ਦਾ ਪੁਰਾਣਾ ਰਾਸ਼ਟਰੀ ਰਿਕਾਰਡ ਤੋੜਿਆ ਅਤੇ ਤੈਰਾਕੀ ਵਿੱਚ ਸੋਨ ਤਗਮਾ ਜਿੱਤਿਆ।



Parents' Corner

Do You know What's Inside Your Child's BRAIN ?

Drawings can tell you so much about your child's fears, joys, dreams, hopes & sadness also giving views to their hidden personalities.

Process begins when a child is big enough to hold a pencil or a crayon. Their paper work can tell you what they cannot express through Words.

Sometimes drawings are just drawings, not more than a fun time. But at the same moment if you are able to understand their Picasso work, can help in discovering the deeper layers.

STAGES OF DRAWINGS

1. Scribbling - (2-4 years)

Nothing more than random shapes and lines. More dense the lines. Be more prepared to see unfolding of the universe in years to come.

2. Pre -Schematic

Stage of Ideas, putting thoughts on paper about what they see around. Budding stage of creativity like a child creates own ideas of putting a garden/flowers outside a house drawing.

3. Schematic (7+ Years)

Evident schemes, drawings with more details & feelings.

COLORS TO KNOW

Girls tend to use more colors than boys in a painting. Preference of more warmer tones like Red and Pink vs Boys prefer using more cooler tones (Blues)

A) Blue/Purple - Demanding child.

B) Red- is a color of excitement. Child wants and finds ways to stay cheerful.

C) Pink - more caring & needs love.

D) Green - is a color of being different.

E) Yellow - Intelligent and sunny nature.

Never ask your child to add color or make any changes in his/her drawing. Keep appreciating in one way or the other and at a later stage, ask them to add some more ideas into it aligning your thoughts to make a colorful relationship with your baby.

Every child is special and needs attention at all years of young age. Keep encouraging, keep motivating & let them DRAW LIFE WITH THEIR OWN COLORS.

HAPPY PARENTING

(Parenting is also an art of drawing your kid's personality on the Canvas of Society)

Varun Ritu Narula

Parents of Devina Narula (II - Tulip)



Teachers' Corner

THINK POSITIVELY, WIN POSITIVELY

Positive thinking leads a person to success. One who thinks that he or she can achieve anything in life, will put his or her best efforts to achieve the goals. He will not be fettered by the problems. One day he will win positively. Self confidence, determination, perseverance and hard work are the key features of success. Every problem arises with a solution. There is a way out of every labyrinth. The only thing which we need is to believe or have positive thinking towards that problem. Life is a battle, we have to fight it fearlessly. Only an optimist and determined soul who dare to fight, get the chance to be successful. With positive thinking one can overcome the greatest of problems. I would conclude by saying that positive thoughts are not enough. There have to be positive feelings and positive actions.

सकारात्मक सोच

सकारात्मक सोच व्यक्ति को सफलता की ओर ले जाती है। अगर व्यक्ति लक्ष्यों को प्राप्त करने के लिए अपना सर्वश्रेष्ठ प्रयास करेगा तो वह अपने जीवन में कुछ भी हासिल कर सकता है। वह व्यक्ति कभी भी समस्याओं में नहीं बंधेगा। एक दिन वह सकारात्मक रूप से जरूर जीतेगा। आत्मविश्वास, दृढ़ संकल्प और कठिन परिश्रम सफलता की प्रमुख विशेषताएं हैं। हर समस्या का समाधान होता है, हर भूलभुलैया से बाहर निकलने का रास्ता है। इसके लिए एक चीज़ जो व्यक्ति में होनी चाहिए, वह है उस समस्या के प्रति सकारात्मक सोच रखना और अपने पर विश्वास करना। जीवन एक लड़ाई है, हमें इसे निडर होकर लड़ना है। एक आशावादी और दृढ़ निश्चयी आत्मा जो लड़ने का साहस करती है, उसे ही सफल होने का मौका मिलता है। सकारात्मक सोच से बड़ी से बड़ी समस्या को भी दूर किया जा सकता है। अंत में मैं यही कहना चाहूंगी कि हमारे जीवन के लिए केवल सकारात्मक विचार ही पर्याप्त नहीं हैं बल्कि हमें सकारात्मक भावनाओं और सकारात्मक क्रियाओं के साथ जीवन जीना चाहिए।

ਸਕਾਰਾਤਮਕ ਸੋਚ

ਸਕਾਰਾਤਮਕ ਸੋਚ ਮਨੁੱਖ ਨੂੰ ਸਫਲਤਾ ਵੱਲ ਲੈ ਜਾਂਦੀ ਹੈ। ਜਿਹੜਾ ਵਿਅਕਤੀ ਸੋਚਦਾ ਹੈ ਕਿ ਉਹ ਜੀਵਨ ਵਿੱਚ ਕੁਝ ਵੀ ਪ੍ਰਾਪਤ ਕਰ ਸਕਦਾ ਹੈ। ਉਹ ਆਪਣੇ ਟੀਚਿਆਂ ਨੂੰ ਪ੍ਰਾਪਤ ਕਰਨ ਲਈ ਪੂਰੀ ਕੋਸ਼ਿਸ਼ ਕਰੇਗਾ। ਉਹ ਮੁਸ਼ਕਿਲਾਂ ਤੋਂ ਘਬਰਾਏਗਾ ਨਹੀਂ। ਉਹ ਇੱਕ ਦਿਨ ਸਕਾਰਾਤਮਕ ਰੂਪ ਨਾਲ ਜਿੱਤ ਪ੍ਰਾਪਤ ਕਰੇਗਾ ਆਤਮ-ਵਿਸ਼ਵਾਸ, ਦ੍ਰਿੜ ਇਰਾਦਾ, ਲਗਨ ਅਤੇ ਸਖ਼ਤ ਮਿਹਨਤ ਸਫਲਤਾ ਦੀਆਂ ਮੁੱਖ ਵਿਸ਼ੇਸ਼ਤਾਵਾਂ ਹਨ। ਹਰ ਸਮੱਸਿਆ ਇੱਕ ਹੱਲ ਦੇ ਨਾਲ ਪੈਦਾ ਹੁੰਦੀ ਹੈ। ਹਰ ਸਮੱਸਿਆ ਵਿੱਚੋਂ ਬਾਹਰ ਨਿਕਲਣ ਦਾ ਇੱਕ ਰਸਤਾ ਹੈ। ਉਹ ਹੈ, ਹਰ ਮੁਸ਼ਕਿਲ ਦੇ ਪ੍ਰਤੀ ਆਤਮ-ਵਿਸ਼ਵਾਸ ਤੇ ਸਕਾਰਾਤਮਕ ਸੋਚ। ਜਿੰਦਗੀ ਇੱਕ ਲੜਾਈ ਹੈ। ਇਸ ਨੂੰ ਨਿਡਰ ਹੋ ਕੇ ਲੜਨਾ ਪਵੇਗਾ। ਸਿਰਫ ਉਹੀ ਕਾਮਯਾਬ ਹੋ ਸਕਦਾ ਹੈ ਜਿਸ ਦੀ ਆਤਮਾ ਆਸ਼ਾਵਾਦੀ ਹੈ ਅਤੇ ਹਰ ਇੱਕ ਮੁਸੀਬਤ ਨਾਲ ਲੜਨ ਦੀ ਹਿੰਮਤ ਰੱਖਦੀ ਹੈ। ਸਕਾਰਾਤਮਕ ਸੋਚ ਨਾਲ ਕੋਈ ਵੀ ਸਭ ਤੋਂ ਵੱਡੀ ਸਮੱਸਿਆ ਨੂੰ ਦੂਰ ਕਰ ਸਕਦਾ ਹੈ। ਅੰਤ ਮੈਂ ਇਹ ਕਹਿ ਕੇ ਸਮਾਪਤ ਕਰਾਂਗਾ ਕਿ ਸਕਾਰਾਤਮਕ ਵਿਚਾਰ ਹੀ ਕਾਫ਼ੀ ਨਹੀਂ ਹਨ ਸਗੋਂ ਸਕਾਰਾਤਮਕ ਭਾਵਨਾਵਾਂ ਅਤੇ ਸਕਾਰਾਤਮਕ ਕਿਰਿਆਵਾਂ ਨਾਲ ਜੀਵਨ ਜੀਣਾ ਚਾਹੀਦਾ ਹੈ।

Ms. Tarvinder Kaur
PRT



Birthday Bells



Ms. Rachel Bhatti
23 Oct



Ms. Swati Gupta
27 Oct



Ms. Renu Grover
29 Oct



CHILDHOOD

Childhood is the best stage,
Where we are free of cage.
A child is said to be a God,
And our minds get broad.

We've so much of curiosity to know everything,
And we live like a royal king.
In childhood our hearts are so pure ,
Because we are so innocent and are not so mature.

There are no worries and responsibilities,
But have so many abilities.
Children do many things that are odd,
But Childhood is the best gift of God.

Darsh and Devishi

II-Daisy

Students' Corner



Nursery-Rose-	Aarav	Tulip-	Navraj	Daisy-	Samaira
	Simarpreet	Aster-	Ananya		Japnoor
Jasmine-	Gaavya		Sukhman		Gursifat
Marigold-	Japleen	Daisy-	Ushika		Aashutosh
	Gurkirat	Lily-	Divyamsh		Savreen
	Samayra	I-Rose-	Priyesh	Lily-	Vani
Tulip-	Parteek		Shivanshi		Aarav
	Ruhi Marwaha	Jasmine-	Pranjal	II-Rose-	Harshita
	Samaira		Yuvaan Modi		Aaradhyaa
LKG-Jasmine-	Aishleen		Janvi Kakkar	Jasmine-	Aishleen
Marigold-	Garg		Amritveer kaur	Marigold-	Reeyansh
	Abhijot		Anshveer singh	Tulip-	Meet
Tulip-	Khyati	Marigold-	Himank	Aster-	Ishaan
Aster-	Simratpreet		Gurbaksh	Lily-	Eric
Daisy-	Aditya		Ritik		Avadhya
Daffodil-	Amanat	Tulip-	Mohit		Vanshdeep
UKG-Rose-	Saanvi		Amrit		Gursirat
	Yuvraaj	Aster-	Abhiroop	III-Rose-	Daivik
Jasmine-	Gurnoor		Deepanshi	Jasmine-	Eva
	Pranab		Nilanshi		Khushal
	Tegdasham			Tulip-	Divyadeep
	Hazelpreet				Ridhi
Marigold-	Gursamrat			Aster-	Ayush
					Chitesh
				Daisy-	Devansh





IV-Rose- Karamanjot
 Jasmine- Aarushi
 Ranvir
 Nikhil
 Marigold- Mishika
 Tulip- Navneet
 Samarveer
 Raghav
 Aster- Prabhnoor
 Daisy- Reyansh
 Rajveer
 Harmanjot
 Jasjot
 V-Rose- Charvi
 Jasleen
 Jasmine- Varunjeet
 Jashandeep
 Tanveer
 Marigold- Tejas
 Smarth
 Diya
 Vaibhav
 Tulip- Jashanpreet
 Tanish
 Aster- Ishpreet
 Daisy- Sukhmeet
 Taranjot
 Lily- Riddhi
 Pavani
 Adish

VI-Rose-
 Jasmine-
 Marigold-

Tulip-
 Aster-

Lily-

VII-Rose -
 Marigold-

Tulip-
 Aster-

Lily-
 VIII-Jasmine-

Marigold-

Tulip-

Aster-

Lily-

Aradhya
 Vandita
 Muskan
 Gursheen
 Gurkirat
 Aarush
 Sukhmeet
 Jaismine
 Sargunpreet
 Abhey
 Parleen

Sunil
 Gurshaan
 Darshdeep
 Haritk
 Anantjot
 Charandeep
 Anubjav
 Yuvraj
 Pearl
 Harnoor
 Deepti
 Divyanshi
 Prabhgun

Tushar
 Sidharth
 Amanjot
 Taranveer
 Bhavika
 Gopesh
 Gurleen
 Damanpreet
 Jagjit
 Praful
 Ritvik
 Ruzal

IX-Jasmine-
 Marigold-

X Rose -
 Jasmine-
 Marigold-
 Aster -

Daisy -
 Lily -

XI Com A-

XI Com B-

XI Com C-

XI FMM-

XI Arts B-

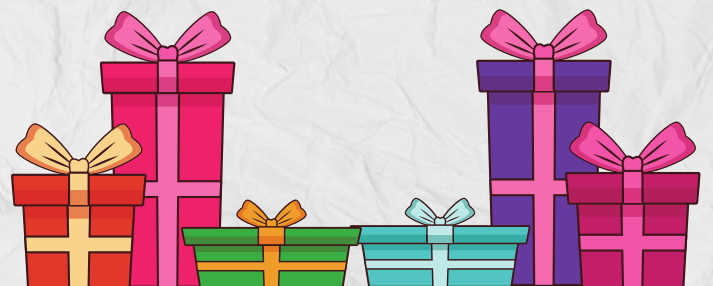
XII Arts B-

XII Com A-

XII Com C-

XII Non-Med.-

Jashanpreet kaur
 Harkirat Singh
 Yash Jaidka
 Tejveer
 Khushi
 Jagdeep
 Kirat
 Kushal
 Mehak
 Eknor
 Anshvir
 Harjot
 Jaswinder
 Parneet
 Bikramjit
 Ravneet
 Sumit
 Harsimran
 Gayatrie
 Deepshikha
 Samridh
 Inderpreet



Students' Achievements



Amritjot Singh of XII -Science is among the eight eligible candidates from Punjab who have been selected for the International Space Olympiad Finals.

Niranjan Kaur(XI - Arts A) got III prize in LSSC Hindi Declamation held at Atam Public School.



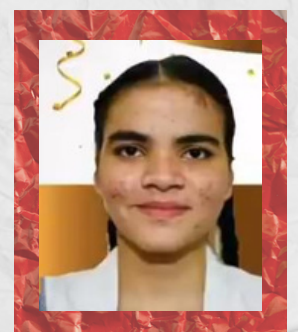
Online Inter school dance Competition' held at Sacred soul convent school dugri (under HOL) where Meharpreet kaur got II position in folk dance and Harshita Dhamu got I position in Classical dance

Sai Aadhya of class - I got II position in an event TECHNOPHILIA 2.0 category GEAR UP (AI AROUND US) in Inter school competition held by Mamta Modern Sr. Sec. School New Delhi.



Ikjot Singh VIII - Daisy got Consolation Prize in Inter school Shabad Gayan Competition held at GNIPS.

Tarnampreet kaur IX -Aster exhibited her tremendous brilliance in 'The Ultimate Talent Show' organised by Entab.





Exploration

LET'S EXPLORE

One of the beautiful places to visit in Ludhiana is the lush green gardens of Leisure Valley. Open from early morning, the place is popular amongst morning joggers who love to jog through the concrete pathways while enjoying the manicured gardens and colourful flowers around.

The green cover of tall trees and flowers all around makes it a very pleasant place to spend relaxing time with family and friends. Visitors can also opt to go to the open air gymnasium which is one of its kind in whole of Ludhiana and is open to all free of cost. One can also visit the skating rink which hosts many events and competitions throughout the year.

Location: Convent School Road, Sarabha Nagar, Ludhiana

Entry Fee: No entry fee

Best Time to visit: November to March




Mind Boggler

RIDDLES

1. I have branches, but no fruit, trunk or leaves. Who am I?
2. What can't talk but will reply when spoken to?
3. What goes up and down but doesn't move?
4. What has a thumb and four fingers but is not a hand?
5. I am a bird, a person, and a fruit. Who am I?
6. I can be written, I can be spoken, I can be exposed, I can be broken. Guess my name.
7. What has lots of eyes, but can't see?
8. Which two words added together contain the most letter?

ANS. KEY OF VOL.6

